

APPENDIX 1

Exploratory Analyses Tables

Table 17

Regression RSQ with the covariates of Trait Anxiety and Gender and FSSC overall and Part correlations, R^2 (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	p
Step 1:				
Anxiety	.40**	.22	21.50 (2,149)	.000
Gender	-.18*			
Step 2:				
Secure	-.01	.27	8.95 (6,145)	.000
Fearful	-.06			
Preoccupied	.20**			
Dismissing	-.01			

* significant at .05 level

** significant at .01 level

Table 18

Regression RSQ with the covariates of Trait Anxiety and Gender and FSSC Subscale 1 - Fear of Failure and Criticism and Part correlations, R^2 (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	p
Step 1:				
Anxiety	.02**	.25	(2,149) 24.55	.000
Gender	.50			
Step 2:				
Secure	.02	.28	9.53 (6,145)	.000
Fearful	.06			
Preoccupied	.18*			
Dismissing	-.01			

* significant at .05 level

** significant at .01 level

Table 19

Regression RSQ with the covariates of Trait Anxiety and Gender and FSSC Subscale 2 -

The Unknown and Part correlations, R^2 (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	p
Step 1:				
Anxiety	.35**	.25	16.62 (2,149)	.000
Gender	-.24**			
Step 2:				
Secure	.01	.28	9.53 (6,145)	.000
Fearful	.06			
Preoccupied	.18*			
Dismissing	.02			

* significant at .05 level

** significant at .01 level

Table 20

Regression RSQ with the covariates of Trait Anxiety and Gender and FSSC Subscale 3 - Minor Injury and small animals and Part correlations, R^2 (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	P
Step 1:				
Anxiety	.22**	.11	9.14 (2,149)	.000
Gender	-.24**			
Step 2:				
Secure	.01	.17	5.04 (6,145)	.000
Fearful	-.13			
Preoccupied	.20**			
Dismissing	-.00			

* significant at .05 level

** significant at .01 level

Table 21

Regression RSQ with the covariates of Trait Anxiety and Gender and FSSC Subscale 4 - Danger and death and Part correlations, R^2 (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	p
Step 1:				
Anxiety	-.22**	.09	8.68 (2,149)	.000
Gender	.22**			
Step 2:				
Secure	-.07		3.75 (6,145)	.000
Fearful	-.11			
Preoccupied	.11			
Dismissing	.05			

* significant at .05 level

** significant at .01 level

Table 22

Regression RSQ with the covariates of Trait Anxiety and Gender and FSSC Subscale 5 - Medical fears and Part correlations, R^2 (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	p
Step 1:		.06		
Anxiety	-.24**		4.64 (2,149)	.000
Gender	-.02			
Step 2:		.13		
Secure	-.06		3.66 (6,145)	.000
Fearful	-.04			
Preoccupied	.24**			
Dismissing	-.06			

* significant at .05 level

** significant at .01 level

Table 23

Regression RSQ with the covariates of Trait Anxiety and Gender and FSSC Subscale 6 -

Other fears and Part correlations, R^2 (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	p
Step 1:		.11		
Anxiety	.34**		10.41 (2,149)	.00
Gender	.07			
Step 2:		.12		
Secure	-.03		4.35(6,145)	.00
Fearful	.08			
Preoccupied	.09			
Dismissing	-.12			

* significant at .05 level

** significant at .01 level

Table 24

Regression RSQ with the covariates of Trait Anxiety and Gender and FSS Subscale overall fears and Part correlations, R^2 (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	p
Step 1:		.31	33.89 (2,149)	.000
Anxiety	.53**			
Gender	-.16*			
Step 2:		.38	14.54 (6,145)	.000
Secure	-.03			
Fearful	-.05			
Preoccupied	.23**			
Dismissing	-.06			

* significant at .05 level

** significant at .01 level

Table 25

Regression RSQ with the covariates of Trait Anxiety and Gender and FSS Subscale factor 1 Threats to the self and Part correlations, R^2 (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	p
Step 1:		.33	(2,149)	.000
Anxiety	.55**			
Gender	-.17*			
Step 2:		.40	(6,145)	.000
Secure	-.02			
Fearful	-.05			
Preoccupied	.25**			
Dismissing	-.05			

* significant at .05 level

** significant at .01 level

Table 26

Regression RSQ with the covariates of Trait Anxiety and Gender and FSS Subscale factor 2 -Small animals and Part correlations, R² (model 1 and model 2) and F (df).

	part correlations	R ²	F(df)	p
Step 1:		.09	7.12 (2,149)	.001
Anxiety	.23**			
Gender	-.18			
Step 2:		.12	3.16 (6,145)	.001
Secure	.04			
Fearful	-.11			
Preoccupied	.07			
Dismissing	-.01			

* significant at .05 level

** significant at .01 level

Table 27

Regression RSQ with the covariates of Trait Anxiety and Gender and FSS Subscale factor 3 -Heights and Part correlations, R² (model 1 and model 2) and F (df).

	part correlations	R2	F(df)	p
Step 1:		.07	5.88 (2,149)	.001
Anxiety	.23**			
Gender	-.13			
Step 2:		.08	(6,145)	.06
Secure	-.07			
Fearful	-.02			
Preoccupied	.02			
Dismissing	-.01			

* significant at .05 level

** significant at .01 level

APPENDIX 2

My name is Ilana Rosenberg and I am a doctoral student in Clinical Psychology conducting research on childhood fears and adult fears, under the supervision of Morris Eagle, Ph.D. Thank you for agreeing to participate in my study. This study is **Confidential** and so any data given will not be associated with your name in any way. This study will not be harmful to you in any way, nor can it necessarily promise any benefits. It consists of several questionnaires, including demographics, questions about your relationships with your parents and others, your childhood and current fears and current feelings of anxiety. This pamphlet will take about 30 minutes to complete. If at any time you feel uncomfortable, you may terminate this study. If during or after filling out this form something comes to mind that you wish to talk about further, please contact me. If you are feeling that you would like therapeutic contact you may call the Center for Psychological Services at Adelphi University (516) 877-4820. Please contact me at any time with questions or comments (516) 877-3999 x 750321. Please sign below to confirm your consent to participate in this study. If you would like a copy of the results of this study, please include your E-mail address below. This form will be separated from the survey in order to ensure complete confidentiality. **Please read all of the directions carefully. Thanks again!**

Name of Participant (printed)

Date of Signature

Signature of Participant

E-mail Address (optional):

Anonymous Demographics

This sheet will not contain any identifying information such as your name or address. It is purely to understand the background of the participants.

1. How old are you? _____
2. What is your gender? _____
3. What is your occupation? _____
4. What is your race/ethnicity? Circle one: Caucasian/White Latino
Asian/Pacific Islander Black /African-American
Native American/Alaskan Native Other _____ No response
5. What is your religious affiliation? Circle one: Jewish Christian
Protestant Catholic Islam Hindu Buddhist
Other _____
6. What is your marital status? Circle one:
Single Married Separated Divorced
7. Do you live alone or with others? If you live with others, whom do you live with?

8. What is the highest grade you have completed? Circle one. If you are currently a student please underline the correct choice:
Elementary School High School College Graduate degree
9. What is your yearly income? Circle one:
14,000 and below 14,000-20,000 20,000-30,000 30,000-40,000
40,000-50,000 50,000-100,000 above 100,000

Personal Information (Anonymous)

10. Would you describe yourself as a fearful child? _____
11. Would you describe yourself as a fearful adult? _____
12. Please give 4 adjectives to describe your mother _____
13. Please give 4 adjectives to describe your relationship with your mother

14. Please give 4 adjectives to describe your father _____
15. Please give 4 adjectives to describe your relationship with your father

16. As a child or an adult, have you ever been the victim of or witnessed any acts of war or violence, rape or physical or sexual abuse or any other traumatic incidents?

17. If so, please explain which of the above you were victim of or witnessed and how old you were when it took place:

18. Have you ever been in therapy? _____
19. If so, for how long? _____
20. Did you find it helpful? Circle one:
Not at all Somewhat Very Extremely
21. Who were your primary caretakers? _____
22. Were you ever separated from your primary caretakers for a long period of time? If so, at what age? For how long? Due to what reason?

23. Are your parents both living? _____ If not please indicate which parent is deceased and your age at the time of their death _____

The Purpose of the Study

Thank you for participating in my study, your participation is very valuable to me. In brief, I am looking at the connection between childhood fears and adulthood fears, how each relates to view of one's parents as positive or negative figures and the security of the attachment relationships with parents and with others. I hypothesize that children and adults with fewer fears are more likely to have positive views of parents and good quality of attachment relationships than are those with more fears. I am also curious about how the overall trait of anxiety influences fears.

Thanks again!